

Caitriona Reed

*Facilitator . Consultant . Hypnotherapist . Motivational Speaker
Master Neurolinguistics (NLP) Practitioner and Trainer*

Caitriona Reed has extensive experience as a Consultant, Workshop Leader and Facilitator of Personal and Organizational Change. She facilitates workshops worldwide – face to face and online using state of the art communications technology.

She is co-Founder and CEO of Manzanita Village Retreat Centre, and Five Changes Foundation in California. She is senior advisor to The Path of Conscious Leadership Foundation, an Australasian platform for global collaboration.

Her expertise is in developing and facilitating systems that bridge the worlds of Personal Development, Corporate Responsibility, Environmental Change and Cultural Awareness.

She helps people and organizations navigate the integration of individual excellence, team building, and collective and cultural responsibility and awareness. She utilizes multi-media e-learning infrastructures to facilitate distance and open learning.

She is the author of The Thirty Pressing Questions, interactive Online Training Programme that assists individuals to embrace new perspectives and tools for bridging individual empowerment, social change and cultural transformation.

She is a co-creator of Collaborative Leadership training programmes for London Corporate Training Limited, catering to an international audience of business and government leaders wishing to embrace collaborative leadership models.

Together with Clare Mann Associates Australia Pty Limited, she is establishing a consultancy service to provide and deliver organizational development initiatives for a large environmental project in Australia.

Caitriona Reed
Five Changes Foundation and Manzanita Village Retreat Centre

Clients and institutions hosting trainings and workshops include

- UCLA University of California Los Angeles
- UCSB University of California Santa Barbara
- USC University of Southern California
- Beverly Hills Adult Education
- Claremont College
- Antioch University
- Esalen Institute, Big Sur
- Findhorn Foundation, (Scotland)
- Spirit Rock Center, Marin County
- San Francisco Zen Center
- Resident teacher and facilitator at Manzanita Village *since 1993*

In my 23 years of personal and professional development work, I have been extremely fortunate to have seen some of the greatest motivational speakers of our time. I can honestly say that Caitriona is by far one of the most captivating, entertaining, engaging and inspiring speakers and storytellers on the circuit today. She has an amazing knack for blending the breadth of her experience with the depth of her knowledge in a relaxed, easy-to-understand delivery. She's hip, funny, dynamic and has her finger on the pulse of today's current trends. Her work is not only inspiring but life-changing. I personally experienced a fundamental shift in my thinking in just minutes! If you are looking for a speaker for your staff, clients or community, Caitriona is the speaker for you!

Liora Mendeloff CEO Lele Associates Inc